

OR 3910

September 13, 1999

**SUBJECT: "FIT FOR WORK – BACK AND KNEE CONCERNS" LUNCH AND LEARN
SEMINAR**

Jose Vazquez, Physical Therapist, will present the fourth in the series of Lunch and Learn Seminars as part of Methodist Medical Center's Community Education Program.

Mr. Vazquez has a B.S. degree in exercise physiology and a M.S. in physical therapy. He is also a certified strength and condition specialist.

The seminar will be conducted on Tuesday, September 21, 1999, from 12 noon until 1 p.m. at OSTI in the Assembly Area.

Please reserve this time and come with questions about fitness for work. All Federal and contractor employees are welcome to attend.

If you have questions about the seminar, please contact Iris Housley, RN, or Dana Hatmaker at the Employee Health Station, 576-0682.

Lois Jago, Chief
Personnel Management and
Analysis Branch